

IUI Information & Planning

We are providing you with the necessary instructions and details for your upcoming IUI cycle. Please review the information below carefully, and let us know if you have any questions.

1. Monitoring & Timing:

- Please check OPK (Ovulation Prediction Kit) @ 7:00am and 4:00pm.
- IUI will be completed the day **after** a positive OPK test.
- Call **our office** and **Care for Bay Area** for a next day appointment when you see a positive OPK

2. Sperm Preparation:

- A sperm wash is required before the IUI procedure.
- We will fax the sperm wash prescription to **Care for Bay Area**, where the processing will take place.
- Sperm Wash takes about 2.5 hours. Once completed you will make your way to our office.

3. Pre-Requisites:

- **Register:** At **Care for Bay Area** by calling (408) 628-0783.
- **STD Screening for Partner:** Before proceeding with IUI, Partner is required to get an STD screening test. Please complete lab testing for HTLV I & II Antibody, HIV I & II Antibody, Hepatitis B & C, Syphilis, Gonorrhea, and Chlamydia. Please call your PCP to complete these labs.
- Ensure your results are ready for **Care for Bay Area** and Dr. Vatsan's review on the day of IUI.

4. Self-Pay Charges:

- **IUI Procedure Fees:**
 - Weekday IUI: **\$300**
 - Weekend/Holiday IUI: **\$350**
- **Sperm Wash Fees:** Charged separately by Care for Bay Area (Estimated cost: **\$250-\$300**). Please inquire directly with their office for more information.

If you have any further questions or need additional assistance, please feel free to reach out.